

# COGNITIVE AND EDUCATIONAL ASSESSMENTS FOR CHILDREN

## WHAT IS A COGNITIVE AND EDUCATIONAL ASSESSMENT?

The cognitive assessment is a standardised test of an individual's thinking, problem solving and reasoning abilities.

The educational assessment is a standardised test of an individual's academic strengths and weaknesses.

### THESE ASSESSMENTS ALSO MEASURE:

Attention and information processing  
memory, planning, reasoning  
reading, comprehension, writing,  
mathematics, oral expression.



## HOW AN ASSESSMENT CAN HELP?

To develop targeted strategies to help your child reach their full learning and academic potential.

To give parents and educators the ability to make informed decisions regarding your child's educational placement, optimal learning environment and individual learning needs.

The objective assessment can also assist in making a diagnosis of a specific learning disorder, intellectual disability or giftedness, if required.

## WHAT IS INVOLVED IN THE ASSESSMENT?

A referral is not necessary unless you wish to claim Medicare rebates (e.g. 'Helping Children with Autism' initiative) and therefore a valid referral from your Paediatrician or Child Psychiatrist is required.

It usually takes 3-6 sessions to complete the assessment, which involves:

- obtaining some background information about your child
- the administration of the assessments/s  
(see list below),
- liaison and communication with other professionals involved (including teachers), and
- comprehensive feedback and report with recommendations to the referring doctor (and where appropriate to the school)

## WHICH ASSESSMENTS ARE USED?

- Wechsler Preschool and Primary Scale of Intelligence 4th Edition (WPPSI-IV A&NZ)
- Wechsler Intelligence Scale for Children 5th Edition (WISC-V A&NZ)
- Wechsler Individual Achievement Test 3rd Edition (WIAT-III A&NZ)
- Vineland Adaptive Behaviour Scales 2nd Edition

We will determine which of the instruments will be used for your child's assessment at the initial consultation process.

We will also consider factors such as your child's ages and the best time of day to conduct the assessment.

We will also consider whether referral onto another professional such as a clinical neuropsychologist may be warranted.

This will depend upon on the outcome of the assessment and whether there are outstanding questions about your child's functioning that a specialised assessment may address.

## HOW TO BOOK AN APPOINTMENT

If using, please ensure you have a valid referral from the Paediatrician or Child Psychiatrist.

Call our reception team at GLOW Clinic on **9769-5606** to book your child's cognitive/educational assessment.

## FEES PAYABLE

The cost per session is \$400, which includes the cost of scoring and writing the report after each testing session.

## REBATES FOR ASSESSMENTS

- Private health insurance (speak to your insurer for more information)
- Medicare rebate under 'Helping Children with Autism' initiative

Dr Penelope Polioudakis is a Clinical Child Psychologist with a Doctorate in Clinical Psychology.

Penelope has extensive experience in assessing and treating preschool and primary school aged children with a range of emotional, social and behavioural difficulties, including conducting cognitive and educational assessments.



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*Prices correct as of August 2024*

*We pride ourselves in providing a transparent, ethical and professional service to families.*

*Contact us for further information relevant to your child's individual circumstances.*